

Epididymitis

Your doctor says you have Epididymitis. This term refers to an inflammation of the part of the testes called the epididymis that transfers sperm to the vas deferens as the sperm mature.

Common Causes of Epididymitis include:

1. Bacterial infection, Prostatitis, or Urinary Tract Infection
2. Injury
3. Sexual activity
4. Venereal diseases
5. Catherization or urinary tract surgery
6. Previous vasectomy

Symptoms include:

1. Pain in the scrotal usually localized to one side.
2. Swelling and enlargement of the affected side
3. Perhaps burning with urination and increased need to void.
4. Occasionally fever and chills can occur if the infection becomes more advanced

Treatment includes:

1. Scrotal support with firm fitting briefs or a jock strap
2. Antibiotics as prescribed by you doctor
3. Anti-inflammatory such as Motrin 400-mg three times a day or Naprosyn 500-mg twice a day. Occasional a mild narcotic will be prescribed. You can also take Tylenol for pain not relieved by the Motrin or Naprosyn
4. As much rest as possible
5. Plenty of fluids, at least 6 cups of water a day
6. Heat

Follow up is necessary if:

1. You develop fever and chills
2. The scrotum becomes red, swollen, and tender
3. The pain becomes too great to control at home